

KEY:

CH Chapel, 1st Floor
SC Sunrise Center, 1st Floor
GC Gathering Center, 1st Floor
COURTYARD Courtyard, Wing 0, 1st Floor

TDR Terrace Dining Room, 1st Floor
HA Hearthside Atrium, 1st Floor
RC Regent's Club, 2nd Floor
RCCH Chapel, Regent's Club, 2nd Floor

SG Snookers Game Room, 4th Floor
2300C 2300 Club, 2nd Floor
NT National Theatre, 3rd Floor
DP Danny's Pub, 4th Floor

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Resident Led Activities

March 2024



1:00 Dart Ball CDR
1:00 Mexican Train SG
6:45 Sheepshead RC

6:00 Game Night RC

1

2

1:00 Dart Ball CDR
1:00 Mexican Train SG
6:45 Sheepshead RC

6:00 Game Night RC

8

9

1:00 Dart Ball CDR
1:00 Mexican Train SG
6:45 Sheepshead RC

6:00 Game Night RC

15

16

1:00 Dart Ball CDR
1:00 Mexican Train SG
6:45 Sheepshead RC

6:00 Game Night RC

22

23

1:00 Dart Ball CDR
1:00 Mexican Train SG
6:45 Sheepshead RC

6:00 Game Night RC

29

30

Good Friday

6:00 Cards RC
6:00-8:00 Pinochle RC

3

1:00 Dart Ball CDR
1:00 Bible Study 2300C
2:30 Mercy Mats 2300C
3:00 Cribbage RC
7:00 Bingo RC

4

10:00 Pins N' Needles 2300C
2:00 Regennaire Singers Practice RC
2:00 Darts DP
2:30 Scrabble NT
6:30 Sheepshead RC

5

12:00 Brain Games RC
4:30 Support Group Dinner RC
6:00 Mahjong 2300C
6:00 Trivia RC
6:30 Sheepshead RC

6

1:00 Bridge GC
2:00 Darts DP
6:30 Sheepshead RC

7

6:00 Cards RC
6:00-8:00 Pinochle RC

10

1:00 Dart Ball CDR
1:00 Bible Study 2300C
2:30 Mercy Mats 2300C
3:00 Cribbage RC
7:00 Bingo RC

11

10:00 Pins N' Needles 2300C
2:00 Regennaire Singers Practice RC
2:00 Darts DP
2:30 Scrabble NT
6:30 Sheepshead RC

12

12:00 Brain Games RC
1:00 "Super Agers" Club 2300C
6:00 Mahjong 2300C
6:30 Sheepshead RC

13

1:00 Bridge GC
2:00 Darts DP
6:30 Sheepshead RC

14

Daylight Savings

4:00-4:30 Pre-dinner Music By John K and Dorothy T RC
6:00 Cards RC
6:00-8:00 Pinochle RC

17

1:00 Dart Ball CDR
1:00 Bible Study 2300C
2:30 Mercy Mats 2300C
3:00 Cribbage RC
7:00 Bingo RC

18

10:00 Pins N' Needles 2300C
2:00 Regennaire Singers Practice RC
2:00 Darts DP
2:30 Scrabble NT
6:30 Sheepshead RC

19

12:00 Brain Games RC
6:00 Mahjong 2300C
6:00 Trivia RC
6:30 Sheepshead RC

20

1:00 Bridge GC
1:00 Sunshine Group Meeting RC
2:00 Darts DP
6:30 Sheepshead RC

21

6:00 Cards RC
6:00-8:00 Pinochle RC



6:00 Cards RC
6:00-8:00 Pinochle RC

Happy Easter

24

1:00 Dart Ball CDR
1:00 Bible Study 2300C
2:30 Mercy Mats 2300C
3:00 Cribbage RC
7:00 Bingo RC

25

10:00 Pins N' Needles 2300C
10:30 Page Turners DP
2:00 Regennaire Singers Practice RC
2:00 Darts DP
2:30 Scrabble NT
6:30 Sheepshead RC

26

12:00 Brain Games RC
2:00 Regency Readers Book Club 2300C
6:00 Mahjong 2300C
6:30 Sheepshead RC

27

1:00 Bridge GC
2:00 Darts DP
6:30 Sheepshead RC

28

31

KEY:

FFC - Fieldpointe Fitness
Center (IL)

RC - Regents Club

SC - Sunrise Center (AL)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div></div> <div><h1>Fitness Schedule</h1><h2>March 2024</h2></div> <div></div>					<div>1</div> <div>9:00 StrongBodies™ (FFC) 11:00 S T R E T C H (FFC) 11:00 Seated Exercise (SC)</div>	<div>2</div>
<div>3</div>	<div>4</div> <div>9:00 StrongBodies™ (FFC) 10:30 StrongBodies™ (SC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC)</div>	<div>5</div> <div>9:30 Standing Cardio (FFC) 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 S T R E T C H (SC)</div>	<div>6</div> <div>9:00 StrongBodies™ (FFC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC) 1:00 Tai Chi (SC) 2:00 Tai Chi (FFC) 3:00 Salsa! w/Rosita (FFC)</div>	<div>7</div> <div>10:30 StrongBodies™ (SC) 11:00 Exercise 1 (RC) 1:00 Cardio Drum (FFC) 1:00 Walking Club (SC)</div>	<div>8</div> <div>9:00 StrongBodies™ (FFC) 11:00 S T R E T C H (FFC) 11:00 Seated Exercise (SC)</div>	<div>9</div>
<div>10</div> <div> Daylight Savings</div>	<div>11</div> <div>9:00 StrongBodies™ (FFC) 10:30 StrongBodies™ (SC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC)</div>	<div>12</div> <div>9:30 Standing Cardio (FFC) 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 S T R E T C H (SC)</div>	<div>13</div> <div>9:00 StrongBodies™ (FFC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC) 1:00 Tai Chi (SC) 2:00 Tai Chi (FFC)</div>	<div>14</div> <div>10:30 StrongBodies™ (SC) 11:00 Exercise 1 (RC) 1:00 Cardio Drum (FFC) 1:00 Walking Club (SC)</div>	<div>15</div> <div>9:00 StrongBodies™ (FFC) 11:00 S T R E T C H (FFC) 11:00 Seated Exercise (SC)</div>	<div>16</div>
<div>17</div> <div>Happy St. Patrick's Day</div>	<div>18</div> <div>9:00 StrongBodies™ (FFC) 10:30 StrongBodies™ (SC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC)</div>	<div>19</div> <div>9:30 Standing Cardio (FFC) 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 NO CLASS (SC)</div>	<div>20</div> <div>9:00 StrongBodies™ (FFC) 11:00 Exercise 2 (FFC) 1:00 Tai Chi (SC) 1:00 NO CLASS (FFC)</div>	<div>21</div> <div>10:00 Dietitian Speaker (RC) 10:30 NO CLASS (SC) 11:00 NO CLASS (RC) 1:00 Cardio Drum (FFC) 1:00 Walking Club (SC)</div>	<div>22</div> <div>9:00 StrongBodies™ (FFC) 11:00 S T R E T C H (FFC) 11:00 Seated Exercise (SC)</div>	<div>23</div>
<div>24</div> <div> Happy Easter</div>	<div>25</div> <div>9:00 StrongBodies™ (FFC) 10:30 StrongBodies™ (SC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC)</div>	<div>26</div> <div>9:30 Standing Cardio (FFC) 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 S T R E T C H (SC)</div>	<div>27</div> <div>9:00 StrongBodies™ (FFC) 11:00 Exercise 2 (FFC) 1:00 Tai Chi (SC) 1:00 Balance (FFC)</div>	<div>28</div> <div>10:30 StrongBodies™ (SC) 11:00 Spring Break Social & Bags Tournament (RC) 1:00 Walking Club (SC)</div>	<div>29</div> <div>9:00 StrongBodies™ (FFC) 11:00 NO CLASS (FFC) 11:00 Seated Exercise (SC) Good Fridays</div>	<div>30</div>
<div>31</div>						

KEY:

CH

SC

GC

COURTYARD

Chapel, 1st Floor

Sunrise Center, 1st Floor

Gathering Center, 1st Floor

Courtyard, Wing 0, 1st Floor

TDR

HA

RC

RCCH

Terrace Dining Room, 1st Floor

Hearthside Atrium, 1st Floor

Regent's Club, 2nd Floor

Chapel, Regent's Club, 2nd Floor

PATIO

2300C

NT

DP

Patio, Wing 1, 2nd Floor

2300 Club, 2nd Floor

National Theatre, 3rd Floor




Danny's Pub, 4th Floor

The shoe icon indicates the level of physical activity for a trip.

1 shoe = low,

2 = medium, 3 = high.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div>Regency Life Enrichment</div><div>March 24</div><div></div></div>						<div><div>9:30 Bingo TDR</div><div>11:00 Wii Games GC</div><div>12:30 Movie NT: Queen Bees (2021)</div><div>1:00 Movie Matinee GC: Poms (2019)</div></div>
<div><div>11:00 Catholic Service CH</div><div>1:00 Catholic Mass RCCH</div><div>1:00 Lutheran Worship Service NT</div><div>1:30-2:00 Café RC</div><div>2:30 Protestant Service CH</div></div> <div>3</div>	<div><div>9:30 Dollar Tree</div><div>9:30 Bingo TDR</div><div>10:30 Left, Right, and Center Board Game HA</div><div>1:00 Pick N Save/ Walgreens</div><div>1:00 Card Games HA</div><div>2:00 Chaplet Devotional RCCH</div><div>3:00 Wii Game GC</div><div>4:00 Trivia HA</div></div> <div>4</div>	<div><div>9:30 Festival Foods</div><div>9:30 Wii Jeopardy GC</div><div>9:30 Rosary RCCH</div><div>12:30 Resident Advisory Council 2300C</div><div>1:00 Goodwill</div><div>1:00 Yahtzee HA</div><div>2:00 Craft Class with Rosita GC</div><div>4:00 Word Games HA</div></div> <div>5</div>	<div><div>9:30 Wheel of Fortune GC</div><div>9:30-11:30 Nail Spa GC</div><div>12:00 Bingo Lunch (\$1/card) RC</div><div>3:00 Board Games HA</div><div>3:00 Salsa! w/Rosita (FFC)</div><div>4:00 Word Games HA</div></div> <div>6</div>	<div><div>9:30 Breakfast Trip to Maxims</div><div>9:30 Quarter Bingo TDR</div><div>11:00 Word In A Word HA</div><div>1:00 Piggly Wiggly</div><div>1:00 Card Games HA</div><div>2:00 Shake Your Shamrock Party with Leahy's Luck HA</div><div>3:00 Rosary CH</div><div>3:00 Wii Game GC</div><div>4:00 Word Games HA</div><div>4:30 Shake Your Shamrock Party with Leahy's Luck RC</div></div> <div>7</div>	<div><div>9:30 Kohls</div><div>9:30 Crossword & Color SC</div><div>10:30 Wheel of Fortune GC</div><div>12:00 Lunch trip to Kopps and Sprecher Brewery Tour (\$24)</div><div>1:00 Wii Bowling GC</div><div>2:00 Board Games HA</div><div>4:00 Word Games HA</div></div> <div>8</div>	<div><div>9:30 Bingo TDR</div><div>11:00 Wii Games GC</div><div>12:30 Movie NT: Big Eyes (2014)</div><div>1:00 Movie Matinee GC: Our Souls at Night (2017)</div></div> <div>9</div>
<div><div>11:00 Catholic Service CH</div><div>1:00 Catholic Mass RCCH</div><div>1:00 Lutheran Worship Service NT</div><div>1:30-2:00 Café RC</div><div>2:30 Protestant Service CH</div></div> <div>10</div> <div>Daylight Savings</div>	<div><div>9:30 Pick N Save / Walgreens</div><div>9:30 Bingo TDR</div><div>10:30 Left, Right, and Center Board Game HA</div><div>1:00 Walmart</div><div>1:00-3:00 Gals Artificial Flowers RC</div><div>1:00 Card Games HA</div><div>2:00 Chaplet Devotional RCCH</div><div>2:00-3:00 Monday Mixers DP</div><div>3:00 Wii Game GC</div><div>4:00 Name That Tune HA</div></div> <div>11</div>	<div><div>9:30 Scenic ride Downtown Milwaukee</div><div>9:30 Wii Jeopardy GC</div><div>9:30 Rosary RCCH</div><div>1:00 Marshals & Homegoods</div><div>1:00 Wii Game GC</div><div>2:00 Board Games HA</div><div>3:00 Stations of the Cross CH</div><div>4:00 Word Games HA</div></div> <div>12</div>	<div><div>9:30 Wheel of Fortune GC</div><div>9:30-11:30 Nail Spa GC</div><div>1:00 Wii Bowling GC</div><div>2:00 St Patrick's Celebration with the Regenaires HA</div><div>3:00 Card Game HA</div><div>4:00 Word Games HA</div></div> <div>13</div>	<div><div>9:30 Aldis</div><div>9:30 Quarter Bingo TDR</div><div>11:00 Word In A Word HA</div><div>12:00 Lunch Trip at the Fork in The Road</div><div>1:00 Card Games HA</div><div>2:00 Rosary CH</div><div>3:00 Thirsty Thursday with Pokeno SC</div><div>4:00 Word Games HA</div><div>6:30 St Patrick's Celebration with the Regenaires RC</div></div> <div>14</div>	<div><div>9:30 Crossword & Color SC</div><div>10:30 Wheel of Fortune GC</div><div>1:00 Hobby Lobby</div><div>1:00 Wii Bowling GC</div><div>2:00 Cooking Class - Cheesy Tortilla Soup SC</div><div>4:00 Word Games HA</div><div>4:00-5:30 Girl Scout Troop Cookie Sale (\$5 a box) RC</div><div>6:30 Sunset Playhouse Play: The Savannah Sipping Society (\$21)</div></div> <div>15</div>	<div><div>9:30 Bingo TDR</div><div>11:00 Wii Games GC</div><div>12:30 Movie NT: Poms (2019)</div><div>1:00 Movie Matinee GC: Queen Bees (2021)</div></div> <div>16</div>
<div><div>11:00 Catholic Service CH</div><div>1:00 Catholic Mass RCCH</div><div>1:00 Lutheran Worship Service NT</div><div>1:30-2:00 Café RC</div><div>2:30 Protestant Service CH</div></div> <div>17</div> <div>Happy St. Patrick's Day</div>	<div><div>9:30 Farm Fleet</div><div>9:30 Bingo TDR</div><div>10:30 Left, Right, and Center Board Game HA</div><div>1:00 Pick & Save/ Walgreens</div><div>1:00 Card Games HA</div><div>2:00 Chaplet Devotional RCCH</div><div>3:00 Wii Game GC</div><div>4:00 Trivia HA</div></div> <div>18</div>	<div><div>9:30 Wii Jeopardy GC</div><div>9:30 Dollar Store</div><div>9:30 Rosary RCCH</div><div>10:00 Sudoku GC</div><div>1:00 Meijers</div><div>1:00 Resident Meeting SC</div><div>1:00 Wii Games GC</div><div>2:00 Birthday Social with Live Music by Charles Barber HA</div><div>4:00 Word Games HA</div></div> <div>19</div>	<div><div>9:30 Wheel of Fortune GC</div><div>10:30 Dining Committee 2300C</div><div>1:00 Wii Bowling GC</div><div>2:00 Board Games HA</div><div>2:00 Community Meeting RC</div><div>3:00 Chair Dance with Rosita SC</div><div>4:00 Word Games HA</div><div>6:00 German Shepherd Dog Club HA</div></div> <div>20</div>	<div><div>9:30 Piggly Wiggly</div><div>9:30 Quarter Bingo TDR</div><div>10:00 Dietitian Speaker RC</div><div>11:00 Word In A Word HA</div><div>1:00 Lunch Trip to Machine Shed</div><div>2:00 Rosary CH</div><div>3:00 Wii Game GC</div><div>4:00 Word Games HA</div></div> <div>21</div>	<div><div>9:30 Crossword & Color SC</div><div>10:30 Wheel of Fortune GC</div><div>1:00 St Vincent De Paul Thrift Store</div><div>1:00 Wii Bowling GC</div><div>2:00 Board Games HA</div><div>4:00 Word Games HA</div><div>5:45 Trip to Schauer Arts Center: Lighthouse Big Band 7:30 (\$21)</div></div> <div>22</div>	<div><div>9:30 Bingo TDR</div><div>11:00 Wii Games GC</div><div>12:30 Movie NT: The Great Gatsby (2013)</div><div>1:00 Movie Matinee GC: The Vow (2012)</div></div> <div>23</div>
<div><div>11:00 Catholic Service CH</div><div>1:00 Catholic Mass RCCH</div><div>1:00 Lutheran Worship Service NT</div><div>1:30-2:00 Café RC</div><div>2:30 Protestant Service CH</div></div> <div>24</div> <div></div>	<div><div>9:30 Pick n Save/Walgreens</div><div>9:30 Bingo TDR</div><div>10:30 Left, Right, and Center Board Game HA</div><div>1:00 Target & Trader Joes</div><div>1:00 Card Games HA</div><div>2:00 Chaplet Devotional RCCH</div><div>3:00 Wii Game GC</div><div>4:00 Name That Tune HA</div></div> <div>25</div>	<div><div>9:30 Michaels</div><div>9:30 Wii Jeopardy GC</div><div>9:30 Rosary RCCH</div><div>10:00 Sudoku GC</div><div>12:00 Lunch Trip to Culvers Following Scenic ride through Oconomowoc</div><div>1:00 Yahtzee HA</div><div>2:00 Board Games HA</div><div>3:00 Easter Craft (SC)</div><div>4:00 Word Games HA</div></div> <div>26</div>	<div><div>9:30 Wheel of Fortune GC</div><div>9:30-11:30 Nail Spa GC</div><div>1:00 Wii Bowling GC</div><div>2:30 Painting with Rosita GC</div><div>3:00 Board Games HA</div><div>4:00 Word Games HA</div><div>6:30 Birthday Social with Marcell Guyton RC</div></div> <div>27</div>	<div><div>9:30 Quarter Bingo TDR</div><div>11:00-3:30 Potawatomi Casino</div><div>11:00 Word In A Word HA</div><div>1:00 Card Games HA</div><div>2:00 Rosary CH</div><div>3:00 Thirsty Thursday with Pokeno SC</div><div>4:00 Word Games HA</div></div> <div>28</div>	<div><div>9:30 Aldis</div><div>9:30 Crossword & Color SC</div><div>10:00 Catholic Good Friday Service CH</div><div>10:30 Wheel of Fortune GC</div><div>1:00 Hobby Lobby</div><div>1:00 Wii Bowling GC</div><div>2:00 Board Games HA</div><div>2:30 Protestant Good Friday Service CH</div><div>4:00 Word Games HA</div></div> <div>29</div> <div>Good Fridays</div>	<div><div>9:30 Bingo TDR</div><div>11:00 Wii Games GC</div><div>12:30 Movie NT: The Vow (2012)</div><div>1:00 Movie Matinee GC: The Great Gatsby (2013)</div></div> <div>30</div>