





KEY:

CH Chapel, 1st Floor
SC Sunrise Center, 1st Floor
GC Gathering Center, 1st Floor
COURTYARD Courtyard, Wing 0, 1st Floor

TDR Terrace Dining Room, 1st Floor
HA Hearthside Atrium, 1st Floor
RC Regent's Club, 2nd Floor
RCCH Chapel, Regent's Club, 2nd Floor

FFC Fieldpointe Fitness Center, 2nd Floor
2300C 2300 Club, 2nd Floor
NT National Theatre, 3rd Floor
DP Danny's Pub, 4th Floor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>The shoe icon indicates the level of physical activity for a trip. 1 shoe = low, 2 = medium, 3 = high.</p> 	<p>9:30 Pick N Save/ Walgreens 1 9:30 Bingo TDR 10:30 Dice Game GC 11:00 Identity Theft Prevention RC 1:00 Trader Joe's and Target 1:00 Polish Poker GC 2:00 Chaplet Devotional RCCH 3:00 Wii Game GC 4:00 Trivia HA</p>	<p>9:30 Walmart 2 9:30 Wii Jeopardy GC 9:30 Rosary RCCH 11:00 Sudoku GC 12:30 Resident Advisory Council 2300C 1:00 Goodwill 1:00 Yahtzee HA 2:00 Live Music: AJ Kartz HA 3:00 Brewers Home Opener Tailgate RC 4:00 Word Games HA</p>	<p>9:30 Wheel of Fortune GC 3 9:30-11:30 Nail Spa GC 1:00 New Berlin Police Department Scam Awareness Presentation RC 1:00 Wii Bowling GC 2:30 Painting Class with Rosita GC 4:00 Word Games HA</p>	<p>9:30 Aldi's 4 9:30 Quarter Bingo TDR 11:00 Spelling Bee HA 12:00 Harley-Davidson Museum Tour (\$29) and Dining Experience 1:00 Crazy 8's GC 2:00 Rosary CH 3:00 Brew Crew : Thirsty Thursday with Pokeno SC 4:00 Word Games HA</p>	<p>9:30 JC Penney's 5 9:30 Crossword & Color SC 10:30 Wheel of Fortune GC 1:00 Stein's Garden Center 1:00 Wii Bowling GC 2:00 Cooking Class: Ham & Cheese Puffs SC 4:00 Word Games HA</p>	<p>9:30 Bingo TDR 6 11:00 Wii Games GC 12:30 Movie NT: Maestro (2023) 1:00 Movie Matinee GC: My Octopus Teacher (2020)</p>
<p>11:00 Catholic Service CH 7 1:00 Catholic Mass RCCH 1:00 Lutheran Worship Service NT 1:30-2:00 Café RC 2:30 Protestant Service CH</p>	<p>9:30 Dollar Tree 8 9:30 Bingo TDR 10:30 Dice Game GC 1:00 Pick N Save/ Walgreens 1:00 Polish Poker GC 2:00 Chaplet Devotional RCCH 3:00 Wii Game GC 4:00 Trivia HA</p>	<p>9:30 Piggly Wiggly 9 9:30 Wii Jeopardy GC 9:30 Rosary RCCH 11:00 Sudoku GC 1:00 Scenic Ride: Lakeshore Park 1:00 Wii Game GC 2:00 Root Beer Float Social with Live Music by Kevin Kennedy HA 3:00 Dancing with Rosita FFC 4:00 Word Games HA</p>	<p>9:30 Wheel of Fortune GC 10 9:30-11:30 Nail Spa GC 10:00 Chair Dance with Rosita SC 1:00 Wii Bowling GC 3:00 Rummikub GC 3:00 Caregiver Peer Support 2300C 4:00 Word Games HA</p>	<p>9:30 Sendik's 11 9:30 Quarter Bingo TDR 11:00 Spelling Bee HA 12:00 Fitness Trip Downtown Muskego and Milk Can Custard 1:00 Crazy 8's GC 2:00 Rosary CH 4:00 Word Games HA 7:00 Name That Tune BINGO RC</p>	<p>8:45 Peeps Exhibit Tour at Racine Art Museum with Lunch at the Red Onion (\$12) 12 9:30 Crossword & Color SC 10:30 Wheel of Fortune GC 1:00 Wii Bowling GC 2:00 Sequence HA 4:00 Word Games HA</p>	<p>9:30 Bingo TDR 13 11:00 Wii Games GC 12:30 Movie NT: Bank of Dave (2023) 1:00 Movie Matinee GC: Maestro (2023)</p>
<p>11:00 Catholic Service CH 14 1:00 Catholic Mass RCCH 1:00 Lutheran Worship Service NT 1:30-2:00 Café RC 2:30 Protestant Service CH 3:00 Wauwatosa East High School Tri-M Music Honor Society Concert RC (doors open at 2:30)</p>	<p>9:30 Bingo TDR 15 10:30 Dice Game GC 11:00-1:30 Brookfield Square Mall Shopping and Lunch 1:00-3:00 Gal Artificial Flowers RC 1:00 Polish Poker GC 2:00 Chaplet Devotional RCCH 3:00 Wii Game GC 4:00 Trivia HA</p>	<p>9:30 Woodman's 16 9:30 Wii Jeopardy GC 9:30 Rosary RCCH 11:00 Sudoku GC 12:30 Tour of Saint John's Cathedral 1:00 Resident Meeting SC 2:00 Disco Fever Birthday Social with Rocking Randy HA 4:00 Word Games HA</p>	<p>9:30 Wheel of Fortune GC 17 10:30 Dining Committee 2300C 1:00 Wii Bowling GC 2:00 Rummikub GC 2:00 Community Meeting RC 3:00 Chair Dance with Rosita SC 4:00 Word Games HA 6:00 German Shepherd Dog Club HA</p>	<p>9:30 Walmart 18 9:30 Quarter Bingo TDR 11:00 Spelling Bee HA 1:00 Pick N Save/ Walgreens 1:00 Crazy 8's GC 2:00 Rosary CH 3:00 April Showers: Thirsty Thursday with Pokeno SC 4:00 Word Games HA 6:30 Live Music in with Doug Syme RC</p>	<p>9:30 Hobby Lobby 19 9:30 Crossword & Color SC 10:30 Wheel of Fortune GC 1:00 St Vincent De Paul 1:00 Wii Bowling GC 2:00 Cooking Class: Strawberry Cheesecake Salad SC 4:00 Word Games HA 6:30 Painting with Lizzie RC</p>	<p>9:30 Bingo TDR 20 11:00 Wii Games GC 12:30 Movie NT: My Octopus Teacher (2020) 1:00 Movie Matinee GC: Bank of Dave (2023)</p>
<p>11:00 Catholic Service CH 21 1:00 Catholic Mass RCCH 1:00 Lutheran Worship Service NT 1:30-2:00 Café RC 2:30 Protestant Service CH</p>	<p>9:30 Sendik's 22 9:30 Bingo TDR 10:30 Dice Game GC 1:00 Trader Joe's and Target 1:00 Board Games and Spa Services with Sophomores from Heritage Christian High School GC 2:00 Chaplet Devotional RCCH 2:30- 3:30 Monday Mixers DP 4:00 Name That Tune HA</p>	<p>9:30 Wii Jeopardy GC 23 9:30 Rosary RCCH 1:00 Pick N Save/ Walgreens 1:00 Yahtzee GC 2:00 Live Music: Eric Diamond HA 3:00 Sudoku GC 4:00 Word Games HA 4:30 Dinner Trip to Organ Piper Pizza 4:30 Jacki on the Violin RC</p>	<p>9:30 Wheel of Fortune GC 24 9:30-11:30 Nail Spa GC 12:00 Bingo Lunch (\$1/card) RC 1:00 Wii Bowling GC 2:30 Craft Class with Rosita GC 4:00 Word Games HA</p>	<p>9:30 Meijer's 25 9:30 Quarter Bingo TDR 11:00 Spelling Bee HA 1:00 Marshall's/HomeGoods 1:00 Crazy 8's GC 2:00 Rosary CH 4:00 Word Games HA 6:30 Party Like a Rock Star Birthday Social with Freddie & the Cruisers RC</p>	<p>9:30 Crossword & Color SC 26 10:30 Wheel of Fortune GC 11:00-3:30 Potawatomi Casino 1:00 Wii Bowling GC 2:00 Sequence HA 4:00 Word Games HA</p>	<p>6:00-8:00 Regency 27 Prom RC Hosted by Catholic Memorial High School</p> 
<p>11:00 Catholic Service CH 28 1:00 Catholic Mass RCCH 1:00 Lutheran Worship Service NT 1:30-2:00 Café RC 2:30 Protestant Service CH</p>	<p>9:30 Dollar Tree 29 9:30 Bingo TDR 10:30 Dice Game GC 1:00 Pick N Save/ Walgreens 1:00 Polish Poker GC 2:00 Chaplet Devotional RCCH 3:00 Wii Game GC 4:00 Trivia HA</p>	<p>9:30 Kohl's and Michael's 30 9:30 Wii Jeopardy GC 9:30 Rosary RCCH 11:00 Sudoku GC 1:00 Aldi's 1:00 Yahtzee GC 3:00 Dancing with Rosita FFC 4:00 Word Games HA 4:30 Jacki on the Violin HA</p>	<p>Regency Life Enrichment</p> <p><i>April 2024</i></p>  			

KEY:

FFC - Fieldpointe Fitness Center

RC - Regent's Club

SC - Sunrise Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:00 Strong Bodies™ (FFC) 10:30 NO CLASS (SC) 11:00 Identity Theft (RC) 11:00 NO CLASS (FFC) 1:00 Balance (FFC)	2 9:30 Standing Cardio (FFC) 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 S T R E T C H (SC)	3 9:00 Strong Bodies™ (FFC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC) 1:00 Tai Chi (SC) 2:00 Gentle Yoga (FFC)	4 9:30 Standing Cardio (FFC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 1 (RC) 1:00 Cardio Drum (FFC) 1:00 Walking Club (SC)	5 9:00 Strong Bodies™ (FFC) 11:00 S T R E T C H (FFC) 11:00 Seated Exercise (SC)	6
7 World Health Day!	8 9:00 Strong Bodies™ (FFC) 12wk Evaluation Day 10:30 Strong Bodies™ (SC) 12wk Evaluation Day 11:00 Exercise 2 (FFC) 1:00 Balance (FFC)	9 9:30 Standing Cardio (FFC) 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 S T R E T C H (SC) 3:00 Dance w/Rosita! (FFC)	10 9:00 Strong Bodies™ (FFC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC) 1:00 Tai Chi (SC) 2:00 Gentle Yoga (FFC) 3:00 Dementia Exercise (RC)	11 9:30 Standing Cardio (FFC) 10:30 Strong Bodies™ (SC) 12:00 Walk Trip to Muskego & Milk Can Lunch 1:00 NO CLASS (FFC) 1:00 Walking Club (SC)	12 9:00 Strong Bodies™ (FFC) 11:00 S T R E T C H (FFC) 11:00 Seated Exercise (SC)	13
14	15 9:00 Strong Bodies™ (FFC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC)	16 9:30 Standing Cardio (FFC) 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 NO CLASS (SC) Resident Advisory	17 9:00 Strong Bodies™ (FFC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC) 1:00 Tai Chi (SC) 2:00 NO CLASS (FFC) Community Meeting	18 9:30 Standing Cardio (FFC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 1 (RC) 1:00 Cardio Drum (FFC) 1:00 Walking Club (SC)	19 9:00 Strong Bodies™ (FFC) 11:00 S T R E T C H (FFC) 11:00 Seated Exercise (SC)	20
21	22 9:00 Strong Bodies™ (FFC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC)	23 9:30 Standing Cardio (FFC) 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 S T R E T C H (SC)	24 9:00 Strong Bodies™ (FFC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC) 1:00 Tai Chi (SC) 2:00 Gentle Yoga (FFC)	25 9:30 Standing Cardio (FFC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 1 (RC) 1:00 Cardio Drum (FFC) 1:00 Walking Club (SC)	26 9:00 Strong Bodies™ (FFC) 11:00 S T R E T C H (FFC) 11:00 Seated Exercise (SC)	27
28	29 9:00 Strong Bodies™ (FFC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC)	30 9:30 Standing Cardio (FFC) 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 S T R E T C H (SC) 3:00 Dance w/Rosita! (FFC)		<h1>Fitness Calendar</h1> <h2>April 2024</h2>		

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CH Chapel, 1st Floor
 SC Sunrise Center, 1st Floor
 GC Gathering Center, 1st Floor
 COURTYARD Courtyard, Wing 0, 1st Floor

TDR Terrace Dining Room, 1st Floor
 HA Hearthside Atrium, 1st Floor
 RC Regent's Club, 2nd Floor
 RCCH Chapel, Regent's Club, 2nd Floor

SG Snookers Game Room, 4th Floor
 2300C 2300 Club, 2nd Floor
 NT National Theatre, 3rd Floor
 DP Danny's Pub, 4th Floor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
* PLEASE NOTE: Any group using the Regent's Club may be relocated with or without advance notice if Regency Dining or Regency Life Enrichment require this space for a meal or activity.	1:00 Dart Ball CDR 1 1:00 Bible Study 2300C 2:30 Mercy Mats 2300C 3:00 Cribbage RC 7:00 Bingo RC	10:00 Pins N' Needles 2 2300C 2:00 Regennaire Singers Practice RC 2:00 Darts DP 2:30 Scrabble NT 6:00 Sheepshead RC	12:00 Brain Games RC 3 4:30 Support Group Dinner RC 6:00 Mahjong 2300C 6:00 Trivia DP 6:30 Sheepshead NT	1:00 Bridge RC 4 2:00 Darts DP 6:30 Sheepshead NT	1:00 Dart Ball CDR 5 1:00 Mexican Train NT 6:00 Sheepshead RC	6:00 Game Night RC 6
6:00 Cards RC 7 6:00-8:00 Pinochle RC	1:00 Dart Ball CDR 8 1:00 Bible Study 2300C 2:30 Mercy Mats 2300C 3:00 Cribbage RC 7:00 Bingo RC	10:00 Pins N' Needles 9 2300C 2:00 Regennaire Singers Practice RC 2:00 Darts DP 2:30 Scrabble NT 6:00 Sheepshead RC	12:00 Brain Games RC 10 3:00 Caregiver Support Group 2300C 6:00 Mahjong 2300C 6:30 Sheepshead NT	1:00 Bridge RC 11 2:00 Darts DP 6:30 Sheepshead NT	1:00 Dart Ball CDR 12 1:00 Mexican Train NT 6:00 Sheepshead RC	6:00 Game Night RC 13
6:00 Cards RC 14 6:00-8:00 Pinochle RC	1:00 Dart Ball CDR 15 1:00 Bible Study 2300C 2:30 Mercy Mats 2300C 3:00 Cribbage RC 7:00 Bingo RC	10:00 Pins N' Needles 16 2300C 2:00 Regennaire Singers Practice RC 2:00 Darts DP 2:30 Scrabble NT 6:00 Sheepshead RC	12:00 Brain Games RC 17 6:00 Mahjong 2300C 6:00 Trivia DP 6:30 Sheepshead NT	1:00 Bridge RC 18 1:00 Sunshine Committee Meeting RC 2:00 Darts DP 6:30 Sheepshead NT	1:00 Dart Ball CDR 19 1:00 Mexican Train NT 6:00 Sheepshead RC	6:00 Game Night RC 20
4:00-4:30 Pre-dinner Music by John K and Dorothy T RC 21 6:00 Cards RC 6:00-8:00 Pinochle RC	1:00 Dart Ball CDR 22 1:00 Bible Study 2300C 2:30 Mercy Mats 2300C 3:00 Cribbage RC 7:00 Bingo RC	10:00 Pins N' Needles 2300C 23 10:30 Page Turners Book Club DP 2:00 Regennaire Singers Practice RC 2:00 Darts DP 2:30 Scrabble NT 6:00 Sheepshead RC	12:00 Brain Games RC 24 2:00 Regency Readers Book Club 2300C 6:00 Mahjong 2300C 6:30 Sheepshead NT	1:00 Bridge RC 25 2:00 Darts DP 6:30 Sheepshead NT	1:00 Dart Ball CDR 26 1:00 Mexican Train NT 6:00 Sheepshead RC	6:00 Game Night RC 27
6:00 Cards RC 28 6:00-8:00 Pinochle RC	1:00 Dart Ball CDR 29 1:00 Bible Study 2300C 2:30 Mercy Mats 2300C 3:00 Cribbage RC 7:00 Bingo RC	10:00 Pins N' Needles 30 2300C 2:00 Regennaire Singers Practice RC 2:00 Darts DP 2:30 Scrabble NT 6:00 Sheepshead RC	 <h2 style="color: red;">Resident Led Activities</h2> <h1 style="font-family: cursive;">April 2024</h1> 			