

Assisted Dining Room Service Hours
Breakfast 7:45am
Lunch 11:45am
Dinner 4:45pm

	BREAKFAST	LUNCH	DINNER
SUNDAY	Continental Breakfast Scrambled Eggs with Sausage	<u><i>Fresh Spinach Salad</i></u> <ul style="list-style-type: none"> *Baked Chicken(L) Swiss Steak Seasoned Brussel Sprouts Mixed Vegetables Baked Potatoes Mashed Baby Red Potatoes and Gravy Pumpkin Pie <i>Alternate- Turkey Sandwich or Steamed Chicken Breast</i>	<u><i>Minestrone Soup</i></u> <ul style="list-style-type: none"> Deli Beef and Swiss on Rye Bread Baked Tuna Casserole Steamed Corn Baked Bread Stick Tator Tots Jello with Whipped Topping <i>Alternate- Turkey Sandwich or Steamed Chicken Breast</i>
MONDAY	Continental Breakfast & Cream of Wheat	<u><i>Cream of Potato and Leek Soup</i></u> <ul style="list-style-type: none"> Grilled Polish Sausage with Sauerkraut on a Bun Southwestern Chicken Casserole Steamed Asparagus Cuts Seasoned Fresh Yellow Squash Corn Chips Snickerdoodle Cookies <i>Alternate- Egg Salad Sandwich or Steamed Chicken Breast</i>	<u><i>Spinach Deviled Eggs</i></u> <ul style="list-style-type: none"> Beef Stew with a Biscuit Pan Seared Lemon Pepper Sole (L) Steamed Cauliflower Seasoned Beets Mashed Potatoes and Gravy American Fried Potatoes Black Forest Sundae <i>Alternate - Egg Salad Sandwich or Steamed Chicken Breast</i>
TUESDAY	Continental Breakfast & Oatmeal	<u><i>Beef Barley Soup</i></u> <ul style="list-style-type: none"> Spaghetti & Meat Sauce w. Garlic Bread *Grilled Patty Melt Seasoned Green Beans Cucumber Slices Sweet Potato French Fries Carrot Cake <i>Alternate—Chicken Salad Sandwich or Steamed Chicken Breast</i>	<u><i>Under the Sea Gelatin</i></u> <ul style="list-style-type: none"> Pot Pie Casserole (L) *Baked Breaded Pork Chop (L) Broccoli Spears Steamed Carrot Coins Hash Browns Au Gratin Potatoes Coconut Cream Pie <i>Alternate—Chicken Salad Sandwich or Steamed Chicken Breast</i>
	BREAKFAST	LUNCH	DINNER

W E D N E S D A Y	Continental Breakfast & French Toast with Sausage	<u>Mild Chili</u> <ul style="list-style-type: none"> *Chef's Salad with a Dinner Roll Grilled Hot Dog on a Bun Steamed Corn Seasoned Lima Beans Potato Salad Apple Pie <i>Alternate-Bologna Sandwich or Steamed Chicken Breast</i>	<u>Cucumber Salad</u> <ul style="list-style-type: none"> Baked Ham (L) Chicken and Dumplings Sweet and Sour Red Cabbage Steamed Cauliflower Mashed Potatoes and Gravy Baked Fresh Sweet Potatoes Lemon Bars <i>Alternate-Bologna Sandwich or Steamed Chicken Breast</i>
T H U R S D A Y	Continental Breakfast with Cream of Wheat	<u>French Onion Soup</u> <ul style="list-style-type: none"> Chilled Taco Salad Turkey, Bacon and Swiss Croissant Steamed Spinach Seasoned Peas Potato Chips Cheesecake <i>Alternate- Ham Sandwich or Steamed Chicken Breast</i>	<u>Tossed Salad</u> <ul style="list-style-type: none"> *BBQ Pork Ribs (L) Swedish Meatballs over Noodles Brussel Sprouts Corn on the Cob Baked Chuckwagon Beans Oven Brownd Potatoes Cookies and Cream Fluff <i>Alternate-Ham Sandwich or Steamed Chicken Breast</i>
F R I D A Y	Continental Breakfast & Oatmeal	<u>Creamy Coleslaw</u> <ul style="list-style-type: none"> *Mixed Green Salad with Mandarin Oranges and Chicken (L) Fried Fish Sandwich Fresh Tomato Slices Broccoli Polonaise French Fries Ice Cream Bar <i>Alternate-Peanut Butter & Jelly Sandwich or Steamed Chicken Breast</i>	<u>Peaches with Cottage Cheese</u> <ul style="list-style-type: none"> Turkey Tetrazzini *Cod Scampi (L) California Vegetable Blend Steamed Seasoned Corn Parsley New Potatoes Potato Pancakes Jello Cake <i>Alternate-Peanut Butter & Jelly Sandwich or Steamed Chicken Breast</i>
S A T U R D A Y	Continental Breakfast & Hard-Boiled Egg & Cream of Wheat	<u>Chicken Noodle Soup</u> <ul style="list-style-type: none"> Chilled Asian Style Roast Pork Sandwich *Macaroni and Beef with Tomato Casserole (L) Steamed Wax Beans Seasoned Succotash Garlic Bread American Fried Potatoes Iced Brownie <i>Alternate- Salami Sandwich or Steamed Chicken Breast</i>	<u>Cranberry Gelatin</u> <ul style="list-style-type: none"> Chicken Chop Suey (L) Breaded Veal Patty w. Mushroom Glaze Broiled Tomato Half Apricot Glazed Carrots Rice Mashed Potatoes and Gravy Vanilla Pudding <i>Alternate- Salami Sandwich or Steamed Chicken Breast</i>

* Indicates low sodium item (L) indicates Lactose free item
 An alternate cheese sandwich is available at every meal.