

KEY:

CH Chapel, 1st Floor
SC Sunrise Center, 1st Floor
GC Gathering Center, 1st Floor
COURTYARD Courtyard, Wing 0, 1st Floor

TDR Terrace Dining Room, 1st Floor
HA Hearthside Atrium, 1st Floor
RC Regent's Club, 2nd Floor
RCCH Chapel, Regent's Club, 2nd Floor

FFC Fieldpointe Fitness Center, 2nd Floor
2300C 2300 Club, 2nd Floor
NT National Theatre, 3rd Floor
DP Danny's Pub, 4th Floor

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Regency Life Enrichment

May 2024



9:30 Wheel of Fortune GC **1**
 9:30-11:30 Nail Spa GC
 10:00 Nondenominational Praise and Worship SC
 1:00 Wii Bowling GC
 2:00 Board Games GC
 4:00 Word Games HA

9:30 **Aggie's Bakery** **2**
 9:30 Quarter Bingo TDR
 1:00 **Aldi**
 1:00 Crazy 8's GC
 2:00 Rosary CH
 3:00 **Thirsty Thursday with Pokeno** SC
 4:00 Word Games HA

9:00 **Wisconsin Auto Museum and Lunch at Sawmill Inn** **3**
 9:30 Crossword & Color SC
 10:30 Wheel of Fortune GC
 1:00 Wii Bowling GC
 2:30 **Cooking Class: Enchilada Cups**
 4:00 Word Games HA

9:30 Bingo TDR **4**
 11:00 Wii Games GC
 12:30 Movie NT: Never Too Late (2020)
 1:00 Movie Matinee GC: Oklahoma! (1955)

11:00 Catholic Service CH **5**
 1:00 **Tosa East: Shrek The Musical (\$12.50)**
 1:00 Catholic Mass RCCH
 1:00 Lutheran Worship Service NT
 1:30-2:00 Café RC
 2:30 Protestant Service CH

9:30 **Breakfast Trip: Michael's Restaurant** **6**
 9:30 Bingo TDR
 10:30 Dice Game GC
 1:00 **Pick N Save/Walgreens**
 1:00 Uno GC
 2:00 Chaplet Devotional RCCH
 3:00 Wii Game GC
 4:00 Name that Tune HA

9:30 **Target & Trader Joes** **7**
 9:30 Wii Jeopardy GC
 9:30 Rosary RCCH
 12:30 **Resident Council 2300C**
 1:00 **Scenic Ride: Milwaukee Lakefront**
 2:30-3:30 **Kentucky Derby Event** GC
 4:00 Word Games HA
 6:00 **Flamenco Fusion Dancers** HA

9:30 Wheel of Fortune GC **8**
 10:00 Praise and Worship SC
 1:00 Wii Bowling GC
 2:00 **Live Music: Women of Note** RC
 3:00 Chair Dance with Rosita SC
 4:00 Word Games HA

9:30 Quarter Bingo TDR **9**
 11:00 Spelling Bee HA
 1:00 **Sendik's**
 1:00 Crazy 8's GC
 2:00 Rosary CH
 4:00 Word Games HA
 4:30 **Dinner Trip to Maxim's and Wisconsin Philharmonic at Oconomowoc Art Center (\$36)**

9:30 Crossword & Color SC **10**
 10:30 Wheel of Fortune GC
 1:00 Wii Bowling GC
 2:00 **Live Music with Ron Rutowski** HA
 4:00 Word Games HA

9:30 Bingo TDR **11**
 11:00 Wii Games GC
 12:30 Movie NT: Still Mine (2013)
 1:00 Movie Matinee GC: Breakfast at Tiffany's (1961)

9:00 Catholic Mass RCCH **12**
 11:00 Catholic Service CH
 1:00 Lutheran Worship Service NT
 2:30 Protestant Service CH

9:30 Bingo TDR **13**
 11:00 Dice Game GC
 1:00 **Pick N Save/Walgreens**
 2:00 Chaplet Devotional RCCH
 2:00 **Heartbeat Drums** HA
 4:00 Trivia HA

9:30 **Walmart** **14**
 9:30 Wii Jeopardy GC
 9:30 Rosary RCCH
 11:00 Sudoku GC
 1:00 **Scenic Ride: Grant Park, then Ice Cream at Dairy Queen**
 1:00 Wii Game GC
 3:00 **Dancing with Rosita** FFC
 4:00 Word Games HA

9:30 Wheel of Fortune GC **15**
 10:00 Praise and Worship SC
 10:30 Dining Committee 2300C
 1:00 Wii Bowling GC
 2:00 Rummikub GC
 2:00 **Community Meeting** RC
 3:00 Chair Dance with Rosita SC
 4:00 Word Games HA
 6:00 **German Shepherd Club** HA

9:30 **Pick N Save/Walgreens** **16**
 9:30 Quarter Bingo TDR
 1:00 **Aldi**
 1:00 Crazy 8's GC
 2:00 Rosary CH
 4:00 Word Games HA
 7:00 **Live Music with Essentially Brass** RC

9:30 **Kohl's and Michael's** **17**
 9:30 Crossword & Color SC
 10:30 Wheel of Fortune GC
 12:30 **Fitness Trip: Mukwonago Park & Bee Well Café**
 1:00 Wii Bowling GC
 2:00 Sequence HA
 2:30 **Cooking Class: Fruit Rollups** SC
 4:00 Word Games HA

9:30 Bingo TDR **18**
 11:00 Wii Games GC
 12:30 Movie NT: Oklahoma! (1955)
 1:00 Movie Matinee GC: Never Too Late (2020)

HAPPY
Mother's Day

11:00 Catholic Service CH **19**
 1:00 Catholic Mass RCCH
 1:00 Lutheran Worship Service NT
 1:30-2:00 Café RC
 2:30 Protestant Service CH

9:30 **Breakfast Trip: Honey Berry Pancakes and Cafe** **20**
 9:30 Bingo TDR
 10:30 Dice Game GC
 11:00 **Recycling Presentation** RC
 1:00 Uno GC
 1:00 **Pick N Save/Walgreens**
 2:00 Chaplet Devotional RCCH
 3:00 Wii Game GC
 4:00 Name that Tune HA

9:30 **Marshall's/HomeGoods** **21**
 9:30 Wii Jeopardy GC
 9:30 Rosary RCCH
 1:00 **Resident Meeting** SC
 2:00 Yahtzee GC
 4:00 Word Games HA

9:30 Wheel of Fortune GC **22**
 9:30-11:30 Nail Spa GC
 10:00 Nondenominational Praise and Worship SC
 1:00 Wii Bowling GC
 2:30 **Craft Class with Rosita** GC
 4:00 Word Games HA

9:30 **Pick N Save/Walgreens** **23**
 9:30 Quarter Bingo TDR
 11:00 Spelling Bee HA
 1:00 **Sendik's**
 1:00 Crazy 8's GC
 2:00 Rosary CH
 4:00 Word Games HA
 6:30 **Birthday Social with The Remember When Trio** RC

9:30 Crossword & Color SC **24**
 10:30 Wheel of Fortune GC
 11:30 **Rescheduled-Milwaukee Museum Trip (\$17) with Dinner at Mo's Irish Pub**
 1:00 Wii Bowling GC
 4:00 Word Games HA
 6:30 **Painting with Lizzie** RC

9:30 Bingo TDR **25**
 11:00 Wii Games GC
 12:30 Movie NT: Breakfast at Tiffany's (1961)
 1:00 Movie Matinee GC: Still Mine (2013)

11:00 Catholic Service CH **26**
 1:00 Catholic Mass RCCH
 1:00 Lutheran Worship Service NT
 1:30-2:00 Café RC
 2:30 Protestant Service CH

Memorial Day **27**

9:30 **Goodwill** **28**
 9:30 Wii Jeopardy GC
 9:30 Rosary RCCH
 1:00 **Tour: Basilica of St. Josaphat**
 1:00 Yahtzee GC
 3:00 **Dancing with Rosita** FFC
 4:00 Word Games HA
 6:00 **Birthday Social: Broadway Baby** HA

9:30 Wheel of Fortune GC **29**
 9:30-11:30 Nail Spa GC
 10:00 Nondenominational Praise and Worship SC
 12:00 **Bingo Lunch (\$1/card)** RC
 1:00 Wii Bowling GC
 2:30 **Painting Class with Rosita** GC
 4:00 Word Games HA
 5:00-7:00 **Corvette Car Show (FP Parking Lot)**

9:30 Quarter Bingo TDR **30**
 1:00 **Pick N Save/Walgreens**
 1:00 Crazy 8's GC
 2:00 Rosary CH
 3:00 **Thirsty Thursday Pokeno** SC
 4:00 Word Games HA
 4:00 **Dinner Trip to Cleveland Pub and Grill**

9:30 Crossword & Color SC **31**
 10:30 Wheel of Fortune GC
 11:00-3:30 **Potawatomi Casino**
 1:00 Wii Bowling GC
 2:00 Sequence HA
 4:00 Word Games HA

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 1 shoe = low,
 2 = medium, 3 = high.



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 3:00 Chair Dance with Rosita SC
 4:00 Word Games HA

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 12:30 Fitness Trip: Mukwonago Park & Bee Well Café
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 2:30 Cooking Class: Fruit Rollups SC
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 1:00 Wii Bowling GC
 2:30 Craft Class with Rosita GC
 4:00 Word Games HA

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Memorial Day **27**

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TDR Terrace Dining Room, 1st Floor
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 RC Regent's Club, 2nd Floor
 RCCH Chapel, Regent's Club, 2nd Floor

SG Snookers Game Room, 4th Floor
 2300C 2300 Club, 2nd Floor
 NT National Theatre, 3rd Floor
 DP Danny's Pub, 4th Floor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h2 style="color: purple;">Resident Led Activities</h2> <h1 style="font-family: cursive;">May 2024</h1>			12:00 Brain Games RC 1 2:00 Scrabble SG 4:30 Support Group Dinner RC 6:00 Mahjong 2300C 6:00 Trivia DP 6:30 Sheepshead NT	1:00 Bridge RC 2 2:00 Darts DP 6:30 Sheepshead NT	1:00 Dart Ball CDR 3 1:00 Mexican Train NT 6:00 Sheepshead RC	6:00 Game Night RC 4
6:00 Cards RC 5 6:00-8:00 Pinochle RC	1:00 Dart Ball CDR 6 1:00 Bible Study 2300C 2:30 Mercy Mats 2300C 3:00 Cribbage RC 7:00 Bingo RC	10:00 Pins N' Needles 7 2300C 2:00 Regenaire Singers Practice RC 2:00 Darts DP 6:00 Sheepshead RC	12:00 Brain Games RC 8 2:00 Scrabble SG 3:00 Caregiver Support Group 2300C 6:00 Mahjong 2300C 6:30 Sheepshead NT	1:00 Bridge RC 9 2:00 Darts DP 6:30 Sheepshead NT	1:00 Dart Ball CDR 10 1:00 Mexican Train NT 6:00 Sheepshead RC	6:00 Game Night RC 11
6:00 Cards RC 12 6:00-8:00 Pinochle RC	1:00 Dart Ball CDR 13 1:00 Bible Study 2300C 2:30 Mercy Mats 2300C 3:00 Cribbage RC 7:00 Bingo RC	10:00 Pins N' Needles 14 2300C 2:00 Regenaire Singers Practice RC 2:00 Darts DP 6:00 Sheepshead RC	12:00 Brain Games RC 15 2:00 Scrabble SG 6:00 Mahjong 2300C 6:00 Trivia DP 6:30 Sheepshead NT	1:00 Bridge RC 16 1:00 Sunshine Committee Meeting RC 2:00 Darts DP 6:30 Sheepshead NT	1:00 Dart Ball CDR 17 1:00 Mexican Train NT 6:00 Sheepshead RC	6:00 Game Night RC 18
4:00-4:30 Pre-dinner Music by John K and Dorothy T RC 6:00 Cards RC 6:00-8:00 Pinochle RC 19	1:00 Dart Ball CDR 20 1:00 Bible Study 2300C 2:30 Mercy Mats 2300C 3:00 Cribbage RC 7:00 Bingo RC	10:00 Pins N' Needles 21 2300C 2:00 Regenaire Singers Practice RC 2:00 Darts DP 6:00 Sheepshead RC	12:00 Brain Games RC 22 2:00 Scrabble SG 2:00 Regency Readers Book Club 2300C 6:00 Mahjong 2300C 6:30 Sheepshead NT	1:00 Bridge RC 23 2:00 Darts DP 6:30 Sheepshead NT	1:00 Dart Ball CDR 24 1:00 Mexican Train NT 6:00 Sheepshead RC	6:00 Game Night RC 25
6:00 Cards RC 26 6:00-8:00 Pinochle RC	1:00 Dart Ball CDR 27 1:00 Bible Study 2300C 2:30 Mercy Mats 2300C 3:00 Cribbage RC 7:00 Bingo RC	10:00 Pins N' Needles 28 2300C 10:30 Page Turners Book Club DP 2:00 Regenaire Singers Practice RC 2:00 Darts DP 6:00 Sheepshead RC	12:00 Brain Games RC 29 2:00 Scrabble SG 4:30 Support Group Dinner RC 6:00 Mahjong 2300C 6:00 Trivia DP 6:30 Sheepshead NT	1:00 Bridge RC 30 2:00 Darts DP 6:30 Sheepshead NT	1:00 Dart Ball CDR 31 1:00 Mexican Train NT 6:00 Sheepshead RC	* PLEASE NOTE: Any group using the Regent's Club may be relocated with or without advance notice if Regency Dining or Regency Life Enrichment require this space for a meal or activity.

KEY:

FFC - Fieldpointe Fitness Center

RC - Regent's Club

SC - Sunrise Center

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Fitness Calendar

May 2 24

1	2	3	4
9:00 Strong Bodies™ (FFC) 11:00 Exercise 2 (FFC) 11:00 Balance (SC) 1:00 Balance (FFC) 2:00 Gentle Yoga (FFC)	10:30 Strong Bodies™ (SC) 11:00 Exercise 1 (RC) 1:00 Cardio Drum (FFC) 1:00 Walking Club (SC)	9:00 Strong Bodies™ (FFC) 11:00 S T R E T C H (FFC) 11:00 Seated Exercise (SC)	
5	6	7	8
9:00 Strong Bodies™ - Evaluation Day (FFC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC)	9:30 Standing Cardio (FFC) 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 S T R E T C H (SC)	9:00 Strong Bodies™ (FFC) 11:00 Exercise 2 (FFC) 11:00 Balance (SC) 1:00 Balance (FFC) 2:00 Gentle Yoga (FFC) 3:00 Chair Dance (SC)	10:30 Strong Bodies™ (SC) 11:00 Exercise 1 (RC) 1:00 Cardio Drum (FFC) 1:00 Walking Club (SC)
12	13	14	15
9:00 Strong Bodies™ (FFC) 10:30 NO CLASS (SC) 11:00 NO CLASS (FFC) 11:00 Senior Scams (RC) 1:00 Balance (FFC)	9:30 Standing Cardio (FFC) 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 S T R E T C H (SC) 3:00 Standing Dance (FFC)	9:00 Strong Bodies™ (FFC) 11:00 Exercise 2 (FFC) 11:00 Balance (SC) 1:00 Balance (FFC) 2:00 NO Yoga (FFC) 3:00 Chair Dance (SC)	10:30 Strong Bodies™ (SC) 11:00 Exercise 1 (RC) 1:00 Cardio Drum (FFC) 1:00 Walking Club (SC)
16	17	18	19
9:00 Strong Bodies™ (FFC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 1 (RC) 1:00 Cardio Drum (FFC) 1:00 Walking Club (SC)	9:00 Strong Bodies™ (FFC) 12:30 WALK TRIP - Mukwonago & Bee Well Cafe 11:00 NO CLASS (FFC) 11:00 Seated Exercise (SC)		
20	21	22	23
9:00 Strong Bodies™ (FFC) 10:30 Strong Bodies™ (SC) 11:00 Exercise 2 (FFC) 1:00 Balance (FFC)	9:30 Standing Cardio (FFC) 11:00 Exercise 1 (RC) 11:00 Cardio Drum (SC) 1:00 Cardio Drum (FFC) 1:00 NO CLASS (SC) Resident Advisory	9:00 Strong Bodies™ (FFC) 11:00 Exercise 2 (FFC) 11:00 Balance (SC) 1:00 Balance (FFC) 2:00 Gentle Yoga (FFC)	10:30 Strong Bodies™ (SC) 11:00 Exercise 1 (RC) 1:00 Cardio Drum (FFC) 1:00 Walking Club (SC)
24	25	26	27
9:00 Strong Bodies™ (FFC) 11:00 S T R E T C H (FFC) 11:00 Seated Exercise (SC)			
28	29	30	31
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NO CLASS **27**
Memorial Day
